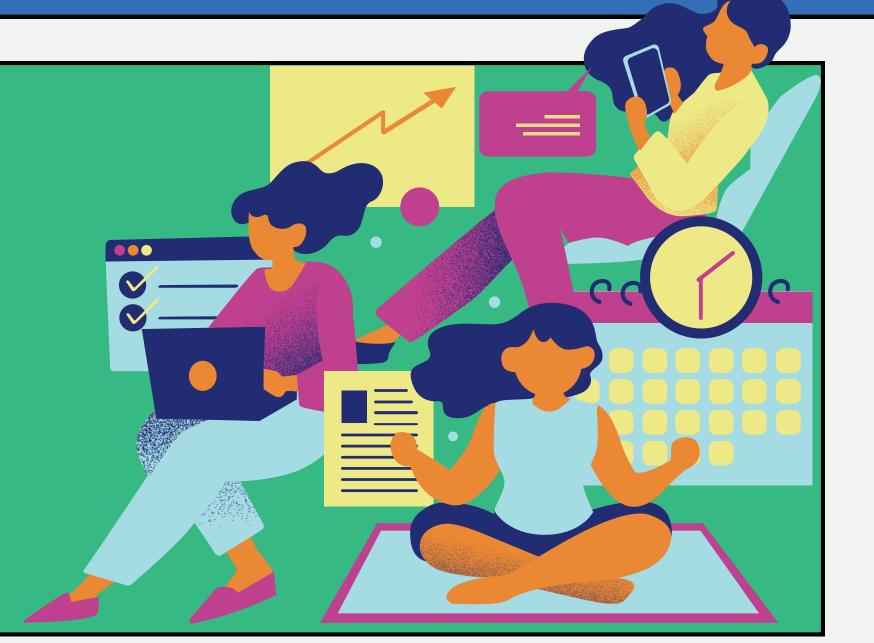
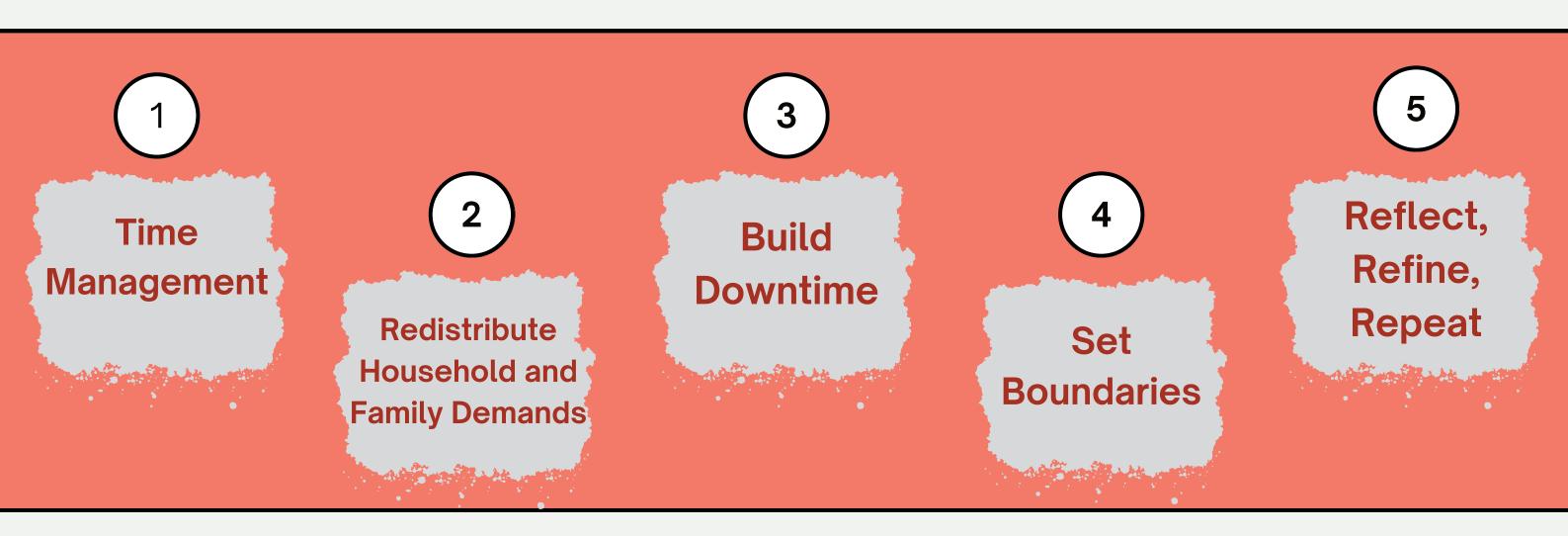


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WORK-LIFE BALANCE



Work life balance is being able to incorporate all aspects of our lives: Home and Family, Health and Well Being, Community, and Career in a way that is useful and productive.



Challenges

- The impact of the pandemic, transitioning to work from home, and the blurring of boundaries.
- Increased workloads and fear of layoffs affecting personal life.

