

Work analysis

Why did I do it?

Notes:

Why didn't I make it?

Notes:

I TAKE THIS INTO ACCOUNT WHEN PLANNING THE NEXT DAY
RESULTS OF MY PERSONAL ANALYSIS

How did I feel about that?

Notes:

What do I still need to
work on?

Notes:



Co-funded by
the European Union



Remote
Health

"The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein."