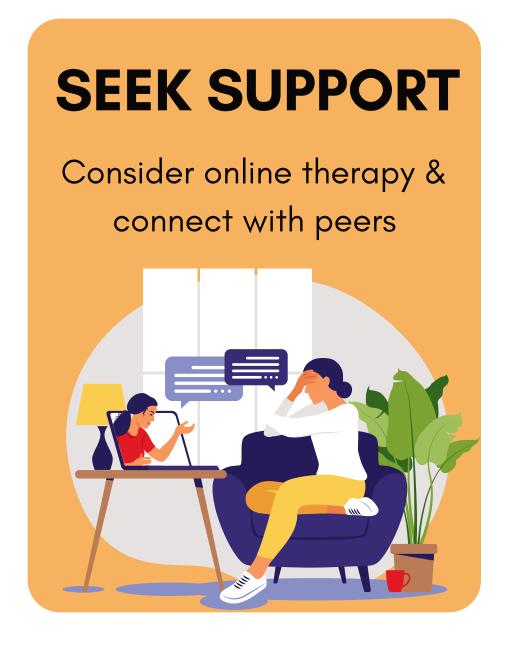
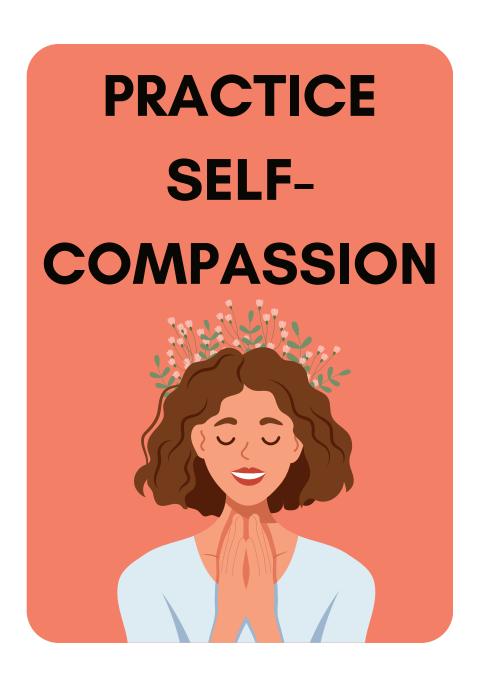


DEALING WITH ISOLATION

TIPS AND STRATEGIES FOR WELLBEING









STAY CONNECTED,
STAY HEALTHY!